

North Carolina

USDA's three **SUN Summer Nutrition Programs for Kids** offer families more ways to get their kids the nutrition they need when school is out. Lack of nutrition during the summer makes students more likely to fall behind in school and experience health issues.

COUNTY DATA PROFILE

2025 Summer Nutrition Programs for Kids

Avery County

NEED

1.8K or 87%

of students in North Carolina's K-12 schools were eligible for FRP* school meals



FUELING CHILDREN & THE ECONOMY

\$231.7K in funding to the county from all SUN Summer Nutrition Programs



\$120 per eligible child for the 2025 summer

1.6K

Children received benefits in the county

\$187K

Funding distributed in the county

Total # of SUN Meals for Kids distributed in the county 10.4K



Congregate meals, eaten on-site with other kids

10.4K

Meals served

\$44.7K

NC summer meals funding

1

Congregate sponsor

4

Congregate meal sites

2/4

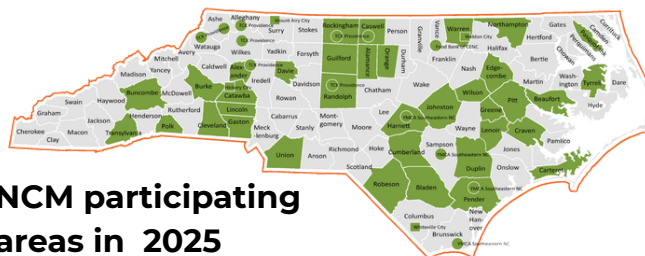
Open sites/Congregate meal sites

open to anyone 18 years and under

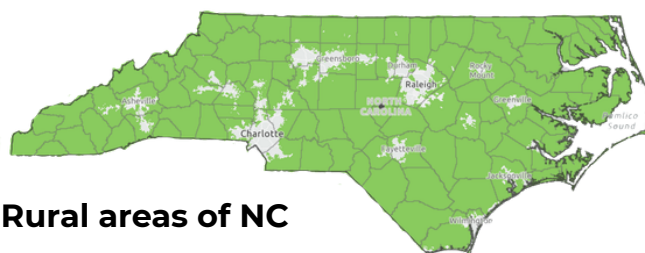


Non-congregate meals (NCM), in rural areas, picked up or delivered to homes

This county did not operate non-congregate meals in 2025.



NCM participating areas in 2025



Rural areas of NC

* Free and Reduced-Priced school meals

AVERY COUNTY



2025 Summer Nutrition Programs for Kids

SummerMeals4NCKids.org/County-Profiles

Thanks to all
the dedicated
summer
nutrition staff!



THE OPPORTUNITY: Expanding Access

Up to 2 meals or snacks are reimbursable by USDA at each meal site daily - and can be served 7 days a week during the summer.

\$823.4K

Potential funds if every FRP eligible student received 2 meals Monday-Friday (55 days) in the summer.

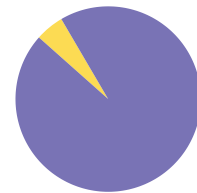
\$44.7K

Funding Accessed

\$778.7K

Not Accessed

5% Funds Accessed



95%

Funds Not Accessed



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NCDHHS.gov/SUNBucks
CarolinaHungerInitiative.org

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#SummerMeals4NCKids



Data Sources: See data explainer at SummerMeals4NCKids.org/Data-Profiles.

Updated 4/15/26



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