







Sun Headband

Materials

- Ruler
- Pencil
- Yellow / orange cardstock
- Scissors
- Glue stick
- Plain headband
- Binder clips or paper clips

Instructions

1. Using a ruler as guide, draw diamonds on your cardstock (about 2 inches long on each side).

2. Cut the diamonds. You will need about 10-12 diamonds to fill out the band.





Learn more about the NC Summer Nutrition Program & find more enrichment activities at SummerMeals4NCKids.org

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3. Put glue on one side of a diamond and fold it around the headband so that the glued sides touch and the points are angled upwards. Press the ends of the paper firmly together until dry. You can also use binder clips or paper clips to hold the points of your diamonds together until the glue has dried.

4. Repeat with all the other diamonds, slightly overlapping each one as you move across your headband until you have filled it.





Once your glue is dried, your headband is complete!

Share pictures of your completed craft with @Ray4NCKids and the tag #SummerMeals4NCKids on social media

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