

# Olympic-themed Popcorn Trail Mix



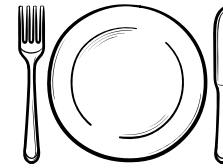
**Prep Time:**

5 mins



**Cook Time**

0  
mins



**Servings:**

10  
Servings

## Ingredients

- 10 cups popcorn (yellow)
- 1 cup pepitas/pumpkin seeds (green)
- 1/2 cups raisins (black)
- 1/2 cup dried cranberries (red)
- 1/2 cup dried blueberries (blue)



## Directions

1. Combine ingredients and divide in bowls or cups to serve.

\*To make one serving, combine 2 cups of popcorn with 2 tablespoons pepitas, and 1 tablespoon each raisins, dried cranberries, and dried blueberries.

**Learn more about the NC Summer Nutrition Program & find more enrichment activities at [SummerMeals4NCKids.org](http://SummerMeals4NCKids.org)**

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