

## **Olympic-themed Corn and Bean Salsa**









Servings: 6 Servings

## Ingredients

- 1 cup salsa (red)
- 1 cup cooked corn, fresh or canned (yellow)
- 1/2 cup cooked black beans (black)
- 1/2 cup cooked kidney or pinto beans
- 1/4 cup chopped cilantro (green)
- 1/2 jalopeño, minced (optional)
- Lime juice (optional)
- Blue corn tortilla chips (blue)



## Directions

- 1. Mix your favorite salsa with corn, beans, and cilantro in a large bowl, add lime juice, jalopeño, or additional spices to taste.
- 2. Serve with blue corn tortilla chips.

## Learn more about the NC Summer Nutrition Program & find more enrichment activities at SummerMeals4NCKids.org

This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP. This institution is an equal opportunity provider.







