

# Strawberry and Blueberry Flowers

## Materials

- Strawberries
- Blueberries
- Paper Plates
- Colored Pencils
- Plastic Knife



## Instructions

1. Rinse and dry both strawberries and blueberries before using them in this activity.
2. Using the plastic knife, remove green stem from strawberries and continue slicing strawberries into thin, petal-like shapes.
3. Arrange strawberry “petals” on the paper plate in a circle leaving the center open.
4. Fill open center with blueberries
5. Using a colored pencil, draw and color a floral design to give the appearance of a flower. Feel free to draw other objects like different insects!

**Learn more about the NC Summer Nutrition Program & find more enrichment activities at [SummerMeals4NCKids.org](https://SummerMeals4NCKids.org)!**

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