

Pop the Corn

A fun way to get kids active and involved in National Corn on the Cob Day!

Materials

- Yellow balloon
- Yarn or string



Instructions

1. Tie one blown up balloon around a food of each student.
2. The students have to try to pop each other's balloon while also protecting their own.
3. Have fun trying to pop one another's balloon!

Learn more about the NC Summer Nutrition Program & find more enrichment activities at [SummerMeals4NCKids.org](https://www.SummerMeals4NCKids.org)!

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