

Paper Plate Frisbee

Materials

- 2 paper plates per Frisbee
- Marker, crayons, and paint of all colors
- Scissors
- Clear tape (The stronger the better! Packing tape is great.)



Instructions

1. Place the paper plates right side up (like you're putting food on them), draw a circle on each one (same size) and cut out the center.
2. Flip the plates upside down and decorate.
3. Put the paper plates together with the decorated side facing outward.
4. Tape them together around the outside.
5. Enjoy!

Learn more about the NC Summer Nutrition Program & find more enrichment activities at [SummerMeals4NCKids.org](https://www.SummerMeals4NCKids.org)!

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