

Fruit S'mores

A healthy and fun snack in honor of National Blueberry Month!

Materials

- 1 graham cracker
- 1 Tbsp peanut or seed butter
- 1/4 cup blueberries
- 1 banana
- Paper plate
- Plastic knife



Instructions

1. Break graham cracker in half and place on plate.
2. Spread the peanut butter on one side of each half of the graham cracker.
3. Slice the banana and put banana slices on one of the halves.
4. Put the blueberries on the other half of the graham cracker (the half that the bananas are NOT on).
5. Place the two halves on top of each other, like s'mores.
6. Eat and enjoy!

Learn more about the NC Summer Nutrition Program & find more enrichment activities at [SummerMeals4NCKids.org](https://www.SummerMeals4NCKids.org)!

This material was funded by USDA's Supplemental Nutrition Assistance Program - SNAP.
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