

Clay Fruits and Vegetables

Materials

- Modeling Clay
- Paper Plate
- Plastic Knife (optional)
- Sculpting Tools (optional)



Instructions

1. **Tip:** Before starting this activity, sort the modeling clay by color. If using clay from a reusable package, have a designated area where reusable packaging is placed that is separate from the packages that were not used. This will help with clean up.
2. Remove modeling clay from packaging and begin molding. If not sure what to make, then try recreating fruits or vegetables using a model (image or actual food).
3. As the clay figures come together, set them aside on a paper plate. If you wish to reuse the clay for a future occasion, then consider covering the finished figures with a paper plate to prevent clay from hardening while you make other shapes.
4. Continue the shaping/molding process until all the desired produce shapes are complete. Have fun and share with others what foods you made!

Learn more about the NC Summer Nutrition Program & find more enrichment activities at [SummerMeals4NCKids.org](https://www.SummerMeals4NCKids.org)!

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