

2023 SUMMER NUTRITION PROGRAM



4NCKids!

North Carolina



Thanks to all the dedicated summer nutrition staff!

Overview of the Program

- Many children receiving free and reduced-price meals through the School Breakfast and National School Lunch Program are at greater risk of hunger during the summer.
- Lack of nutrition during the summer makes students more likely to fall behind during the school year and experience health issues.
- Federal Summer Nutrition Programs reimburse meal sponsors for serving free, healthy meals to children and teens ages 18 and younger in low-income areas during the summer.
- Meals can be served at a variety of types of locations and generally need to be eaten on-site in a group setting, which is referred to as congregate feeding.
- Recent policy changes allowed the NC Department of Public Instruction to approve sponsors to provide non-congregate meal service in certain rural communities. Eight school district sponsors were approved to serve non-congregate meals in North Carolina.

North Carolina Program Highlights



175 sponsors administered the program

Sites served meals between **1 and 60 days** with an average of **22 days**.



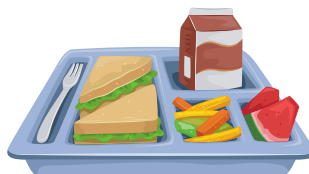
Meals Served

Breakfast: 1,436,843

Lunch: 2,250,429

Supper: 30,058

Snack: 191,196



2,492 sites served free summer meals.

50 served non-congregate meals

3,908,526 total meals were served during the Summer of 2023.



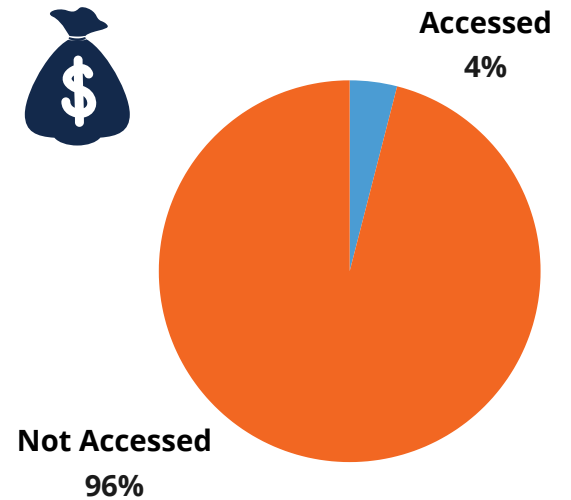
North Carolina



Summer Nutrition Builds the Economy!

- Up to two meals or snacks are reimbursable at each site daily, and can be served seven days a week.
- If every student eligible for free and reduced-price meals received breakfast and lunch Monday-Friday (55 days) during the summer, **\$ 425,598,024** would have been brought into the state.
- In the summer of 2023, **\$ 15,359,390** was brought into the state with **\$410,238,634** not accessed.

2023 Summer Nutrition Program Funding



NEED

- In September 2023, **1,012,515** children (**70%** of public school students in the state) were eligible for free and reduced-price school meals
- **597,695** students participated in free and reduced-price school lunch in September 2023

Check us out on social media!

@CarolinaHungerInitiative
@NCSchoolMeals
@Ray4NCKids
#SummerMeals4NCKids

State Need Met Through the 2023 NC Summer Nutrition Program

Month	Average Daily Attendance	Ratio of Summer Nutrition to FRP students*	Ratio of Summer Nutrition to NSLP**
June	89,733	8.86	15.01
July	77,935	7.70	13.04
August	49,770	4.92	8.33

*Ratio of the number of children participating in the Summer Nutrition Program based on the average daily attendance in 2023 per 100 students eligible for free and reduced-price school meals in September 2023.

**Ratio of the number of children participating in the Summer Nutrition Program based on the average daily attendance in 2023 per 100 participating in free and reduced-price lunch through the National School Lunch Program in September 2023.

Data Sources: NC Department of Public Instruction Summer 2022 and September 2022 Meal Claims Data. Additional information on data and calculations used in this profile can be found here: CarolinaHungerInitiative.org/Profiles

Learn more about the NC Summer Nutrition Program: summermeals4nckids.org/